

Who we are

New Beginnings offers a free and confidential support service for individuals and their families and carers affected by drug and alcohol problems. We operate from our two bases - one on Cobbold Road and one in the Willesden Centre for Health - as well as other locations across Brent.

Our specialist team includes substance misuse workers, doctors, nurses and psychologists, as well as volunteers and peer mentors.

Together we offer a high quality and professional service that supports individuals and their families who wish to receive advice, assessment and treatment for their drug and/or alcohol problems.

New Beginnings is an integrated service delivered by WDP, in partnership with Central and North West London NHS Foundation Trust (CNWL).



Weekend drop-in service at Cobbold Road and peer support is provided by B3.

What we offer

- Information, advice, support & drop-in
- One-to-one key working
- Needle exchange & harm reduction services
- Substitute prescribing
- Groupwork programme (including LGBTQ+, women-only & evening groups)
- Recovery support (including 12-week abstinence day programme)
- Outpatient community detox
- Access to inpatient detox & residential rehab
- BBV screening / vaccination
- Outreach and engagement in the community
- Support for individuals in the criminal justice system

We also offer:

- Counselling & psychology
- Self-help & mutual aid groups
- Aftercare services
- A health & wellbeing service for people who use substances at lower levels, including alcohol, club drugs, cannabis & cocaine
- Education, training & employment (ETE) support
- Family & carers' support and advice
- Peer mentoring, volunteering & apprenticeship opportunities
- WDP's Capital Card®  CAPITAL CARD (earn points by engaging in treatment & spend points on activities in your local community).

Where we are



97 Cobbold Road
Willessden
NW10 9SU



Neasden
Bus 297 → Willessden Magistrates Court



Dollis Hill
Bus 266 or 260 → Willessden Magistrates Court

Willessden Centre for Health
Harlesden Road
Willessden
NW10 3RY



Willessden Green
Bus 260, 266, 460 → Villiers Road

How to access the service

Our service is free and open to all Brent residents aged 18 or over, as well as their families and carers.

You can come in person or contact us by phone. Any professional like a housing support worker, social worker or nurse can also make the referral on your behalf.

You will be able to talk to one of our duty team who will help you decide which service best meets your needs.

Once your needs have been assessed, our team will work with you to create a care plan. We will regularly review and adjust your recovery care plan to make sure you always receive the appropriate support at the right time.

We also offer services to your family and loved ones so that they can receive support and advice on how best to support you during your recovery.



Head Office
18 Dartmouth Street
London SW1H 9BL
T: 020 7421 3100
www.wdp.org.uk

Contact Details

97 Cobbold Road
Willesden
NW10 9SU

Willesden Centre for Health
Harlesden Road
Willesden
NW10 3RY

Tel: 0300 303 4611

Fax: 0333 344 4658

Email: info.brent@wdp.org.uk

Secure email: info.brent@wdp.cjism.net

24/7 helpline: 0800 107 1754

For information regarding opening hours
and group times please contact the service.

